

## Vita

Deborah M. Pina-Thomas

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### Education

University of Phoenix, Phoenix, AZ	PhD student	2012-Present	Major: Nursing
Anticipated graduation: May 2016			
University of Phoenix, Phoenix, AZ	MSN	July 2006	Major: Nursing
Northeastern University, Boston, MA	BSN	June 1988	Major: Nursing

### Continuing Education

2014	Nurse Educator Conference	
2013	ANCC: Headaches, Migraine	1.0 Contact Hours
	The Institute for Continuing Education: Cognitive Processing Therapy for Combat PTSD	15.0 Contact Hours
	AHIMA: Privacy Act and HIPAA Clinical Refresher	1.0 Contact Hours
	ANCC: CNE Activity Planner	2.0 Contact Hours
	ANCC: PTSD and Substance Abuse: Dual Diagnosis Overview and Treatment Course	1.0 Contact Hours
	ANCC: What is PTSD	1.0 Contact Hours
	ANCC: Mental Health Care through Internet Mobile Technologies	1.0 Contact Hours
2012	ANCC: PTSD and Families	1.0 Contact Hours
	ANCC: Combat Stress Injuries	1.0 Contact Hours
	ANCC: Mild Traumatic Brain Injury	1.0 Contact Hours
	ANCC: Neurobiology and Pharmacotherapy for PTSD	1.0 Contact Hours
	ANCC: Cognitive-Behavioral Interventions for PTSD	1.0 Contact Hours
	MHS Learn: Psychological Impacts of Deployment: Working With the WII	
	ANCC: Suicide Risk Assessment Training	2.5 Contact Hours
	ANCC: Suicide Risk Assessment Training Part II	1.0 Contact Hours
	AHIMA: Privacy Act and HIPAA Clinical Refresher	1.0 Contact Hours
2011	Joint Knowledge Online: Emergency Preparedness Response Course- Clinician	
	USAF: Mobile Group Practice Manager's Course	
	CCMC: Sexual Harassment	1.0 Contact Hours
	CCMC: Medical Home Model	1.0 Contact Hours
	CCMC: Army Suicide Prevention and Intervention	1.0 Contact Hours
	CCMC: PTSD: Another Approach	1.0 Contact Hours

	CCMC: PEER Navigator with Aspen Pointe	1.0 Contact Hours
	CCMC: Health Benefits of Chocolate	1.0 Contact Hours
	ANCC: Preparing for Case Management Certification	14 Contact Hours
	ANCC: Core Competencies in the Assessment of Suicide Risk	3.0 Contact Hours
	ANCC: Communication TeamSTEPPS Process	1.0 Contact Hours
	ANCC: Joint Commission Resources BHC Accreditation Standard Survey Process Update	6.5 Contact Hours
	AHIMA: Privacy Act and HIPAA Clinical Refresher	1.0 Contact Hours
2010	ANCC: Caring for Military Behavioral Health Patients	7.0 Contact Hours
	MHS Learn: Case Management Module I	
	ANCC: Psychiatric Nursing	16.0 Contact Hours
	ANCC: Dialectical Behavioral Therapy	7.0 Contact Hours
	ANCC: Joint Commission Resources BHC Conference	13.0 Contact Hours
	AHIMA: Privacy Act and HIPAA Clinical Refresher	1.0 Contact Hours
2009	CPI: Nonviolent Crisis Intervention	6.0 Contact Hours
	MHS Learn: HIPAA Privacy and Security Refresher	1.0 Contact Hours
	MHS Learn: TeamSTEPPS e-Guide to Action	
	ANCC: IDGA 10 <sup>th</sup> Battlefield Healthcare	28.84 Contact Hours

### **Professional Experiences**

May 2014-Present	Lead Instructor: Beth-El College of Nursing and Health Sciences University of Colorado, Colorado Springs
Jan 2013-May 2014	Instructor: Beth-El College of Nursing and Health Sciences University of Colorado, Colorado Springs
Nov 2012-Dec 2013	Behavioral Health, Nurse Case Manager Evans Army Community Hospital, Fort Carson, CO
Apr 2012-July 2012	Behavioral Health, Red Team, United States Army Medical Command, Falls Church, VA
Aug 2008-Apr 2012	Deputy Chief/Section Chief Nurse, Department of Behavioral Health Evans Army Community Hospital, Fort Carson, CO
July 2006-July 2008	Chief, Quality Services, Weed Army Community Hospital, Fort Irwin, CA
June 2005-June 2006	Evening/Night Nursing Supervisor 121 <sup>st</sup> General Hospital, United States Army. Seoul, South Korea
June 2002-May 2005	Head Nurse, Inpatient Psychiatry 121 <sup>st</sup> General Hospital, United States Army. Seoul, South Korea
June 1999- May 2002	Assistant Head Nurse, Inpatient Psychiatry, Landstuhl Regional Medical Center, United States Army, Landstuhl, Germany
Jan 1995- May 1999	Clinical Staff Nurse, Inpatient Psychiatry, Walter Reed Army Medical Center, Washington, DC

Sep 1994-Dec 1994 Student Nurse, United States Army, Psychiatric/Mental Health Nursing Course,  
Dwight D. Eisenhower Army Medical Center, Fort Gordon, GA  
Aug 1993-Sep 1994 Clinical Staff Nurse, Step Down Unit, Dwight D. Eisenhower Army Medical Center, Fort Gordon, GA  
Oct 1992- Aug 1993 Clinical Staff Nurse, Surgical Unit, Dwight D. Eisenhower Army Medical Center, Fort Gordon, GA  
June 1992- Sep 1992 Officer Basic Course, United States Army, Fort Sam Houston, TX  
May 1989-May 1992 Clinical Staff Nurse, Inpatient Psychiatry, Veterans Administration Medical Center, Boston, MA

### **Presentations**

Pina-Thomas, D., Peterson, K. A., Garrett, S.L., Benton, M.J., Schlairet, M. C., James, K. L., and Carter, L.E. Differences in academic self-efficacy and self-esteem in beginning and experienced baccalaureate nursing students. University of Colorado, Colorado Springs Mountain Lion Research Day, Colorado Springs, CO April 2014 (Abstract and Poster)

### **Courses Taught**

Fall, 2014

NURS 3100: Psychiatric/Mental Health Nursing- undergraduate

NURS 4015: Nursing Research online – undergraduate

Summer, 2014

NURS 3100: Psychiatric/Mental Health Nursing – undergraduate

Spring, 2014

NURS 4015: Nursing Research online- undergraduate

NURS 4010: Nursing Research online- undergraduate

NURS 4010: Nursing Research - undergraduate

NURS 3100: Clinical Instructor, Psychiatric/Mental Health Nursing - undergraduate

Fall, 2013

NURS 4010: Nursing Research online—undergraduate

NURS 4010: Nursing Research—undergraduate

NURS 4400: Clinical Instructor, Community Health Nursing—undergraduate

Spring, 2013

NURS 4010: Nursing Research Online – undergraduate

## **Recognitions**

- 2012 Nightingale Luminary Award Nomination, Pikes Peak Region, Colorado Nurses Foundation
- 2006 Sigma Theta Tau International, Honor Society of Nursing

## **Professional Organizations**

- 2013- Present National League for Nursing
- 2006- Present Sigma Theta Tau International, Honor Society of Nursing
- Xi Phi Chapter: 2013- Present
- Lambda Alpha: 2006- 2013

## **Service**

Fall, 2014

- University: Diversity Champion, Search Committee (UCCS Campus Wellness Coordinator)
- College: Beth-El College of Nursing and Health Sciences Faculty Assembly
- Department: Nursing Faculty Committee
- Faculty Research and Scholarship Committee, Chair
- Undergraduate Nursing Curriculum Committee
- Community: Saint Dominic Catholic Church, Soup Kitchen Sept 2014-Present

Spring, 2014

- College: Beth-El College of Nursing and Health Sciences Faculty Organization
- Department: Undergraduate Nursing Faculty Committee
- Undergraduate Nursing Curriculum Committee
- Undergraduate Nursing Faculty By-Laws Task Force
- Research Study Group
- Community: Nightingale Committee of the Pikes Peak Region

Fall, 2013

- College: Beth-El College of Nursing and Health Sciences Faculty Organization
- Department: Undergraduate Nursing Faculty Committee
- Undergraduate Nursing Curriculum Committee
- Undergraduate Nursing Faculty By-Laws Task Force
- Community: Nightingale Committee of the Pikes Peak Region

## **CONTINUING RESEARCH**

Garrett, S.L., Peterson, K.A., Pina-Thomas, D. and Benton, M.J. Physical activity and psychological stress among baccalaureate nursing students. (data collection and analysis in progress)

**CONTINUING RESEARCH EDUCATION**

Dissertation Prospectus: The effects of the flipped classroom teaching strategy on baccalaureate nursing students' self-efficacy. (Anticipated proposal defense summer 2015)